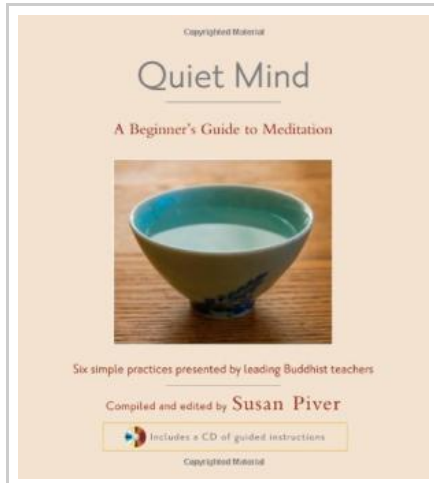




Quiet Mind: A Beginner's Guide to Meditation

By Salzberg, Sharon, Mipham, Sakyong, Thondup, Tulku, Rosenberg, Larry

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